



Prof. Vittorio Unfer

Lecturer at the Faculty of Obstetrics
UniCamillus - International University of Health and Medical Sciences, Rome

PERSONAL INFORMATION

Via Cesare Massini, 43 – 00155 Rome (RM)

+39 06 40500651 | +39 339 369 0338

vunfer@gmail.com

Gender: Male

Date of Birth: 12/10/1963

Nationality: Italian

Research Interest Score: 3537

Citations: 5959

H-index: 42

Source: ResearchGate

[ResearchGate Profile](#)

EDITORIAL BOARD MEMBER:

- Gynecologic and Obstetric Investigation Karger/GOI
- European Review for Medical and Pharmacological Sciences
- International Journal of Molecular Sciences
- International Academy of Medical Sciences, United Arab Emirates
- JSM Invitro Fertilization

ASSOCIATE EDITOR:

- Thyroid Endocrinology, Special Section of Frontiers in Endocrinology (IF 5.55)

EDITOR IN CHIEF:

- International Journal of Medical Device and Adjuvant Treatments
- Italian scientific journal Phytogynecea
- Co-Founder and President of EGOI-PCOS - <https://www.inositolgroup.com/>
- Recognized as the world's leading expert in the use of inositol for the treatment of polycystic ovary syndrome (World Expert Inositol - Expertscape 2023)
- Author of approximately 260 publications, including 153 international (source: PubMed)
- Obtained National Scientific Qualification as Associate Professor in Gynecology and Obstetrics
- Member of the Doctoral College in Biotechnology at the University of Teramo, in consortium with the University of L'Aquila

EDUCATION

University of Rome "La Sapienza," Rome (RM)

Degree in Medicine and Surgery

Thesis Title: "Autoimmune Thrombocytopenia in Gynecological Pathology" - Supervisor: Prof. A. Pachi

Grade: 110/110 cum laude

University of Rome "La Sapienza," Rome (RM)

Specialization in Obstetrics and Gynecology

Thesis Title: "Neonatal Respiratory Distress Syndrome: Evaluation of Various Amniotic Indices in Determining Pulmonary Maturity" - Supervisor: Prof. E.V. Cosmi

Grade: 70/70 cum laude

TEACHING EXPERIENCE

UniCamillus International Medical University, Rome

Lecturer at the Faculty of Obstetrics

Academic Year 2023/2024

Year 2024

UniCamillus International Medical University, Rome

Lecturer at the Faculty of Obstetrics

Academic Year 2022/2023

Year 2023

Guglielmo Marconi University, Rome

Lecturer for the master's in clinical research and medical Affairs, Drugs and Medical Devices

Title: Clinical Pathology - Clinical Research in Gynecology

Academic Year 2021/2022

Year 2021

Ifass Swiss SA, Chiasso (CH)

Lecturer for the Faculty of Medicine

Academic Year 2018-2019

Year 2019

UniPoliSI, Chiasso (CH)

Lecturer for the Faculty of Nursing Sciences and Physiotherapy

Academic Year 2017-2018

Year 2017

University of Rome "La Sapienza," Rome

Lecturer for the Faculty of Medicine and Psychology

Academic Year 2017-2018

Year 2017

IPUS – Private Swiss University Institute, Chiasso (CH)

Lecturer for the Faculty of Nursing Sciences

Chair of Nursing in Gynecology and Obstetrics

Three-Year Appointment

Academic Year 2015-2016

Year 2015

University of Modena and Reggio Emilia, Modena

Lecturer for the Master's program at the Department of Maternal-Infant and Adult Medical and Surgical Sciences

Title: Non-Conventional Medicines in Obstetric and Nursing Care

Academic Year 2015-2016

Year 2015

University of Modena and Reggio Emilia, Modena

Master's Seminar Lecturer at the Faculty of Gynecology and Obstetrics

Title: Autonomy of the Midwife in Managing Low-Risk Pregnancy, Childbirth, and Puerperium

Date: April 14, 2015

Year 2015

University of Modena and Reggio Emilia, Modena

Master's Seminar Lecturer at the Faculty of Gynecology and Obstetrics

Title: Autonomy of the Midwife in Managing Low-Risk Pregnancy, Childbirth, and Puerperium

Date: January 28, 2015

Year 2015

Department of Maternal-Infant Integrated Activities - University Hospital of Modena, Modena

Lecturer for the First-Level Master's in Integrated Health Care

Academic Year 2012-2013

Year 2012

University of Perugia, Perugia

Lecturer at the School of Specialization in Obstetrics and Gynecology

Course Title: Nutrition and Women's Health

Academic Year 2012-2013

Year 2012

Department of Maternal-Infant Integrated Activities - University Hospital of Modena, Modena

Lecturer for the First-Level Master's in Integrated Health Care

Course Title: Nutrition and Women's Health

Academic Year 2011-2012

Year 2011

University of Rome “La Sapienza,” Rome

Lecturer at the School of Specialization in Hospital Pharmacy
Faculty of Pharmacy - Department of Chemistry and Pharmaceutical Technologies
Title: Inositol and PCOS
Academic Year 2010-2011
Year 2010

University of Messina, Messina

Master's Lecturer at the School of Specialization in Endocrinology
Degree Program in Medicine and Surgery
Title: Endocrinology of Childhood, Adolescence, and Women
Academic Year 2009-2010
Year 2010

University of Perugia, Perugia

Lecturer at the School of Specialization in Obstetrics and Gynecology
Course Title: Nutrition, Diet, and Eating Disorders in Pregnancy
Academic Year 2008-2009
Year 2008

University of Rome “La Sapienza,” Rome

Lecturer at the Department of Gynecological, Perinatal, and Pediatric Sciences
Degree Program in Obstetrics
Course Title: Health Statistics
Academic Year 2001-2002
Year 2001

University of Rome “La Sapienza,” Rome

Lecturer at the Department of Gynecological, Perinatal, and Pediatric Sciences
Degree Program in Obstetrics
Course Title: Legal Medicine
Academic Year 1999-2000
Year 2000

University of Rome “La Sapienza,” Rome

Lecturer at the Second Minor School of Obstetrics
Course Title: Gynecological Endocrinology
Academic Year 1993-1994
Year 1993

LATEST PUBLICATIONS**YEAR 2024**

- Correction: Has the name PCOS run its course?
Myers SH, Forte G, Unfer V.
Arch Gynecol Obstet. 2024 Jul 9. doi: 10.1007/s00404-024-07622-y. Online ahead of print.
PMID: 38977441
- Counteracting HPV Cervical and Anal Infection through Dietary Supplementation of EGCG, Folic Acid, Vitamin B12, and Hyaluronic Acid: Clinical Case Reports.
Calcagno M, Incocciati B, Di Fraia L, Unfer V.

- J Clin Med. 2024 Jun 19;13(12):3597. doi: 10.3390/jcm13123597.
PMID: 38930126
- Has the name PCOS run its course?
Myers SH, Forte G, Unfer V.
Arch Gynecol Obstet. 2024 Jun 5. doi: 10.1007/s00404-024-07571-6. Online ahead of print.
PMID: 38836930
 - PCOS phenotype focus: phenotype D under the magnifying glass.
Myers SH, Montanino Oliva M, Nordio M, Unfer V.
Arch Gynecol Obstet. 2024 Mar 19. doi: 10.1007/s00404-024-07408-2. Online ahead of print.
PMID: 38502188
 - D-chiro-inositol in clinical practice: A perspective from The Experts Group on Inositol in Basic and Clinical Research (EGOI).
Dinicola S, Unfer V, Soulage CO, Yap-Garcia MIM, Bevilacqua A, Benvenga S, Barbaro D, Wdowiak A, Nordio M, Dewailly D, Appetecchia M, Aragona C, Espinola MSB, Bizzarri M, Cavalli P, Colao A, D'Anna R, Vazquez-Levin MH, Hernández Marin I, Kamenov Z, Laganà AS, Monastra G, Montanino Oliva M, Cenk Özay A, Pintaudi B, Porcaro G, Pustotina O, Pkhaladze L, Prapas N, Roseff S, Salehpour S, Stringaro A, Tugushev M, Unfer V, Vucenik I, Facchinetti F.
Gynecol Obstet Invest. 2024 Feb 19. doi: 10.1159/000536081. Online ahead of print.
PMID: 38373412
 - The Effects of Myo-Inositol and D-Chiro-Inositol in a Ratio 40:1 on Hormonal and Metabolic Profile in Women with Polycystic Ovary Syndrome Classified as Phenotype A by the Rotterdam Criteria and EMS-Type 1 by the EGOI Criteria.
Pustotina O, Myers SH, Unfer V, Rasulovala I.
Gynecol Obstet Invest. 2024;89(2):131-139. doi: 10.1159/000536163. Epub 2024 Jan 31.
PMID: 38295772
 - Inositols in treating polycystic ovary syndrome and non-insulin dependent diabetes mellitus: now and the future.
Laganà AS, Myers SH, Forte G, Naem A, Krentel H, Allahqoli L, Alkatout I, Unfer V.
Expert Opin Drug Metab Toxicol. 2024 Jan-Feb;20(1-2):61-72. doi: 10.1080/17425255.2024.2306851. Epub 2024 Jan 22.
PMID: 38226638

YEAR 2023

- Correction: A putative role for myo-inositol in the epigenetic regulation of fetoplacental unit in gestational diabetes: a randomized double-blind placebo-controlled trial.
Di Francesco S, Plescia MG, Stracquadanio M, Forte G, Laganà AS, Unfer V, D'Anna R.
Arch Gynecol Obstet. 2023 Dec;308(6):1729-1731. doi: 10.1007/s00404-023-07218-1.
PMID: 37858845
- A putative role for myo-inositol in the epigenetic regulation of fetoplacental unit in gestational diabetes: a randomized double-blind placebo-controlled trial.
Di Francesco S, Plescia MG, Stracquadanio M, Forte G, Laganà AS, Unfer V, D'Anna R.
Arch Gynecol Obstet. 2023 Dec;308(6):1703-1714. doi: 10.1007/s00404-023-07167-9. Epub 2023 Jul 20.
PMID: 37468297
- The molecular signature of endometriosis: modernizing the clinical diagnostic practice.
Krentel H, Saridogan E, Alam A, Montanino Oliva M, Myers SH, Naem A, Forte G, Capozzi VA,

Centini G, Maassen J, Chiantera V, Zullo F, Melis GB, Tinelli R, Unfer V, Laganà AS.
Expert Rev Mol Diagn. 2023 Nov 10:1-13. doi: 10.1080/14737159.2023.2271457. Online ahead
of print.
PMID: 37846072

- Supplementation with myo-inositol and selenium in a 2:1 ratio for metabolic syndrome: A pilot study.
Chiofalo F, Unfer V, Scollo P, Gangemi S, Giudice F, Calagna G, Davide S, Siracusa R, Di Pietro M, Angileri F.
Gynecol Endocrinol. 2023 Sep;39(9):908-911. doi: 10.1080/09513590.2023.2257344. Epub 2023 Sep 8.
PMID: 37686393
- Levothyroxine treatment in women with subclinical hypothyroidism undergoing assisted reproductive techniques: a systematic review and meta-analysis.
Tarantino CC, Maaza B, Barbaro D, Conforti A, Cruz M, Minto H, Moawad M, Nohuz E, Puissant L, Souza CF, Unfer V, Petta CA.
Hum Reprod. 2023 Oct 27;38(10):2071-2084. doi: 10.1093/humrep/dead174.
PMID: 37675163
- Myo-inositol and D-chiro-inositol: A comprehensive update on the benefits and limits of the combined use for PCOS treatment.
Krentel H, Myers SH, Forte G, Unfer V.
Gynecol Endocrinol. 2023 Oct;39(10):1073-1079. doi: 10.1080/09513590.2023.2261870.
PMID: 37648815
- Effects of supplementation with epigallocatechin-3-gallate, folic acid, hyaluronic acid, and vitamin B12 on clinical and virological outcomes of persistent human papillomavirus infection: results from a retrospective study.
Calcagno M, Incocciati B, Di Fraia L, Unfer V.
Gynecol Endocrinol. 2023 Oct;39(10):1079-1083. doi: 10.1080/09513590.2023.2257346. Epub 2023 Sep 9.
PMID: 37677946
- Inositols in Polycystic Ovary Syndrome treatment: from fundamentals to new clinical applications.
Montanino Oliva M, Unfer V.
Expert Opin Drug Metab Toxicol. 2023 Oct 26:1-13. doi: 10.1080/17425255.2023.2290013.
Online ahead of print.
PMID: 37645388
- Prevalence of clinically suspected adenomyosis and its association with polycystic ovary syndrome: a retrospective study.
Sujata N, Anushri R, Anandita S, Triveni S, Tanaya S, Bhanu S, Vitthaldas M, Vitthaldas U, Unfer V.
Gynecol Endocrinol. 2023 Oct;39(10):1083-1088. doi: 10.1080/09513590.2023.2262270.
PMID: 37637002
- Correction: Adolescent PCOS: Characterization, Diagnostic Criteria and Treatment Recommendations.
Musmar S, Luzi F, Unfer V.

J Clin Med. 2023 Jul 13;12(14):4551. doi: 10.3390/jcm12145551.
PMID: 37628125